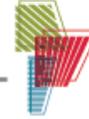


THE JOHN CROSLAND SCHOOL



2017-2018 Speaker/Film Series

Kindergarten Readiness & Signs of Learning Differences

Dr. Melanie Powell, Charlotte Behavioral Health Associates

Monday October 2nd 2017; 8:30-9:30 am

RSVP September 25th nlukacik@johncroslandschool.org

Dr. Powell will be speaking about typical development for 4 and 5 year olds. She will address signs of kindergarten readiness as well as signs that a child might not be ready for kindergarten and/or may be displaying early characteristics of learning disabilities or attention deficit disorders. She will also answer questions about when and if testing might be valuable or necessary as well as things you can do as parents to help improve your child's readiness for kindergarten.

Dr. Powell received a B.A. in Psychology from Furman University (1993), and an M.A. (1995) and Ph.D. in School Psychology with a Specialization in Neuropsychology from the University of Georgia (1997). She is a Licensed Psychologist (NC#2478) and Health Services Provider (HPP). Her training includes a year of practicum, 3 years at the Center for Clinical and Developmental Neuropsychology (UGA), a one-year internship in the public school setting (GA), and pre- and post-doctoral fellowships at the Child Neuropsychology Clinic at the Medical College of Georgia. Dr. Powell's research is in the areas of Learning Disabilities and ADHD (including articles in professional journals and book chapters), which she has presented at national and international professional conferences. She also has served as a reviewer for manuscripts submitted for publication in the Journal of Learning Disabilities (1999).

Dislexia: The Movie Film and Discussion

Tuesday, December 5th, 2017, 5:30pm - 8:00pm

RSVP: November 28th nlukacik@johncroslandschool.org

"Find out what's happening in the lives - and brains -of my fellow dyslexics. The funny ones... the successful ones... the ones whose lives have been unnecessarily ruined. Along the way, experts tell us what science is discovering about dyslexia and teachers tell us how dyslexics can learn." A quote from Harvey Hubbell V, a dyslexic himself.

The Movie, written and directed by Hubbell, helps to increase social awareness of the trials and triumphs of people with learning differences. Interviews with Billy Bob Thornton, Joe Pantoliano, world renowned brain scientists and researchers, a group of students researching in the jungles of Costa Rica, as well as Hubbell's account of his days growing up as a dyslexic in the 70's, highlight the film.

Meditation - ADHD's Secret Rival!

Myque Harris, Southeast Psych

Wednesday, January 10th, 2018, 8:30am - 9:30am

RSVP: January 3rd nlukacik@johncroslandschool.org

Meditation is a current buzz word. But did you know it is a powerful rival to ADHD? Parents, teachers, and other professionals will learn how and why meditation and other mindfulness practices help reduce inattention, hyperactivity, impulsivity, disorganization, and other related experiences to ADHD.

Myque is a warm and energetic psychotherapist, registered yoga teacher, and meditation specialist who works with teens, adults, and young children starting at 3 years of age. Myque supports clients with anxiety, depression, identity exploration, and other major life transitions, such as divorce; as well as supporting LGBTQ clients and single parents. Myque has a unique practice because she infuses traditional therapeutic methods with yoga, meditation, and mindfulness. Myque holds a Master's degree in Clinical Psychology from Loyola University and has been a licensed professional since 2007. She is certified with Integral Yoga Academy in Children's Yoga and Meditation, and also certified with Yoga Alliance as a Registered Yoga Teacher (RYT-200). She has completed more than 400 hours of yoga, meditation, and mindfulness trainings and has specialty training in Postnatal Yoga, Hatha Yoga, Vinyasa Yoga, and Yoga for Children with Special Needs. Myque is certified in Early Childhood Mental Health. She has extensive experience helping children, teens, and parents work through day-to-day struggles or challenging situations at school or at home.

The Calm Before the Storm: Executive Function Disorder Strategies

Anne Jaeger, The John Crosland School

Thursday, March 8th, 2018, 8:30am - 9:30am

RSVP: March 1st nlukacik@johncroslandschool.org

Ms. Jaeger will share ideas and strategies to improve students' executive functioning skills in school and beyond! This presentation will be given in an engaging format with focus given to the three following key areas: working memory, impulse control, and mental flexibility. Ms. Jaeger will share activities that support students' needs for mindfulness, and mechanics and their power to improve executive functions.

Ms. Jaeger has worked with students with learning differences since 1994 and has recently observed intensive executive functioning summer programs sponsored by the Hill Center in Durham, NC. Ms. Jaeger earned her Bachelors of Arts degree from the University of Kentucky in Special Education and Middle School Language Arts in 1993 and completed her Master of Education degree from Clemson University in Special Education with emphasis on Secondary Transition in 1997. Ms. Jaeger has taught students with learning disabilities, cognitive delays, behavioral and emotional disabilities, ADD/ADHD, Autism Spectrum Disorder and other social communication disorders in both public and private school settings. In addition, Ms. Jaeger is the proud mother of a ninth grade son with learning differences.

Adam (Film)

Film and Discussion

Monday, April 9th, 2018, 5:30pm - 8:00pm

RSVP: April 2nd nlukacik@johncroslandschool.org

Adam seems to be a good catch for a young woman. He's good looking, works as an engineer, has a big, comfy apartment, is fascinated by astronomy and knows lots and lots of stuff. However, he has Asperger's syndrome. Beth has never met anyone like him. He behaves in social situations with an honesty that approaches cruelty and doesn't seem much aware of that.

"Adam," the story of a romance involving this unlikely couple, would seem more unlikely if Beth herself weren't so self-centered. Perhaps it takes a man even less outgoing to inspire her nurturing side. At first Adam simply offends her with his baffling objectivity. Then he explains, "I have Asperger's" and she understands. If she knows the term, it's surprising she hasn't already arrived at that diagnosis herself. This film, released in 2009, was awarded "Best Feature" at Method Fest, 2009, and the Alfred P. Sloane Feature Film Prize at the 2009 Sundance Film Festival. It is rated PG-13.

Sensory Processing Issues and How They Affect Learning

Megan Bevington, Child and Family Development

Wednesday, May 9th, 2018, 8:30am - 9:30am

RSVP: May 2nd nlukacik@johncroslandschool.org

Sensory Processing is the way that the nervous system receives messages from the senses and turns them into appropriate motor and behavioral responses. It is the foundation for higher level skill acquisition including attention, engagement learning, and adaptability. Dysfunction in one or more of the senses creates challenges in performing everyday tasks.

Ms. Megan Bevington received her B.S. from North Carolina State University and her M.S. in Occupational Therapy from East Carolina University. She has worked in several different settings including home health, skilled nursing and pediatrics. However for the last 5 Years, Ms. Bevington has been practicing at Child and Family Development. Ms. Bevington would say that pediatrics is her true passion. Over the course of her professional career she has gained knowledge in areas such as feeding, sensory processing dysfunction, neurodevelopmental treatment, reflex integration and praxis training.