



SCHOOL NOTES FOR JOHN CROSLAND SCHOOL FAMILIES

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January 18, 2017 Issue

WINTER ENRICHMENT CLASSES UPDATE

Be on the lookout for the Winter Enrichment brochure sent home in your child's Wednesday Packet. Students were able to preview the offerings and meet the instructors during a vibrant Enrichment Fair sponsored by the school. Return completed registration forms with your payment to the front desk.

GALA NEWS

We are in need of more items for our Annual Gala. We are requesting **new** housewares, jewelry, accessories, spa items, artwork, Legos, toys, and gift certificates that you would be willing to donate to Gala. We will be collecting these items in carpool the week of January 23 -27. Thank you for your support!

CLASS & TEAM PICTURES

Class and Sport's Team pictures were taken today at school. If you are interested in purchasing one of these pictures, please complete the order form sent home in your child's Wednesday Packet last week and send it in to school. Online ordering is not available for these pictures.

Upcoming Events

January 19

No Name Calling Week
Super Hero Day: Dress like your favorite hero

January 20

No Name Calling Week
Crosland Cares Day: Wear your Crosland apparel

January 24-27

Grades 8-12 Exams
Early dismissal
See included exam schedule for further information

January 31

Meet & Greet 6:00 p.m.
Ms. Schlesinger

February 9

Speaker Series
"Kindergarten Readiness"
8:30 – 9:30 a.m.

BOX TOPS FOR EDUCATION CONTEST

Turn in your Box Tops for Education to your Homeroom teacher from January 20 - February 17. The Homeroom with the most Box Tops will win a Party from Parent Council!

“MEET AND GREET” WITH THE HEAD OF SCHOOL

Please mark your calendars to connect with the new head of school, Ms. Cathy Schlesinger, at one of the following “Meet and Greet” events:

- Tuesday, January 31 at 6:00 pm
- Friday, February 10 at 8:15 am
- Monday, February 13 at 2:00 pm

EMP MEETINGS

EMP Meetings will take place on February 2 and 3. If you are unsure of your time slot, please contact Kathleen Pellisero at kpellisero@johnncroslandschool.org.

We look forward to seeing all families next month.

GRADES 8-12 EXAM SCHEDULE JANUARY 2017

Times	Tuesday January 24	Wednesday January 25	Thursday January 26	Friday January 27
8:30-10:00	1st Period Exam	3rd Period Exam	5th Period Exam	7th Period Exam
10:00-10:25	Break	Break	Break	Dismissal
10:30-12:00	2nd Period Exam	4th Period Exam	6th Period Exam	
12:00	Dismissal	Dismissal	Dismissal	

YOGA

Lenny Boy Brewing Company has selected the John Crosland School for their January charity of the month. You are invited to yoga on Saturdays at 10 am. The cost is \$5 and includes a 6 oz. beer or Kombucha. Twenty percent of the proceeds will go to our school. The remaining dates are January 21st and 28th. Please visit [Lenny Boy](#) for more information.

Review for exams will be held January 17-23 during class times.

Classes not having exams are P.E., Music, Yearbook, Art, Creative Writing, IT internships, History through Film, and Spanish Cultures. If students have one of these classes, they will not have an exam and do not need to be at school during that scheduled class time. No lunches will be provided for the 8th-12th grade students.

Extended time for testing will be provided for students who need it.

If you need after school care, please contact Mr. Heard at cheard@johncroslandschool.org or 704-749-6710.

Save the Date: Freedom Fete, January 26th



Keynote Speaker: John Sharon

“Who Gets to Tell Your Story? Disability and Identity in a ‘Perfect’ World”

Join our Community Conversation with ability activist John Sharon. Mr. Sharon is the founder of Disabilities Understood, an organization that seeks to empower people of all abilities through education and training. The event will take place on **January 26th** from **6-8 pm** at **Trinity Episcopal School**.

SPEAKER SERIES

Kindergarten Readiness

Dr. Melanie Powell, Charlotte Behavioral Health Associates

Thursday, February 9, 2017, 8:30am-9:30am

RSVP by February 6: pyork@johncroslandschool.org

Dr. Powell will be speaking about typical development for 4 and 5-year-olds. She will address signs of kindergarten readiness as well as signs that a child might not be ready for kindergarten and/or may be displaying early characteristics of learning disabilities or attention deficit disorders.

She will also answer questions about when and if testing might be valuable or necessary as well as things you can do as parents to help improve your child's readiness for kindergarten.

Dr. Powell received a B.A. in Psychology from Furman University (1993), and an M.A. (1995) and Ph.D. in School Psychology with a Specialization in Neuropsychology from the University of Georgia (1997). She is a Licensed Psychologist (NC#2478) and Health Services Provider (HPP). Her training includes a year of practicum, 3 years at the Center for Clinical and Developmental Neuropsychology (UGA), and a one year internship in the public school setting (GA), and pre- and post-doctoral fellowships at the Child Neuropsychology Clinic at the Medical College of Georgia. Dr. Powell's research is in the areas of Learning Disabilities and ADHD (including articles in professional journals and book.

CROSLAND NOTABLES

We are pleased to announce that Lower School has new seating options for our students. We would like to thank Ms. Dale Halton, whose generous donation made our new Lower School "alternative seating" possible.

LS seating consists of the following options:

BALLance™ Stability Balls

Stability Balls are designed to strengthen students' minds and core muscles by swapping out chairs for stability balls!

Improve your students' attention, concentration, posture, balance, coordination, and more, while strengthening their core muscles. Unique BALLance™ Stability Balls feature feet to keep the ball in place when it's unoccupied, but when a student sits on it, the feet go away and the ball is unstable and core-engaging. Burst resistant up to 500 lb for safety.

Kore WOBBLE™ Chairs

A slightly rounded bottom and no-tip design provide a safe instability that engages your Kore!

A constant "wobble" engages muscles and provides an opportunity to release excess energy. Improves balance and allows students' back, knees, and hips to rest comfortably. Molded plastic is lightweight yet very durable and stands up to institutional use. We offer Kids or Teen sizes to accommodate all ages and sizes.

CanDo® inflatable Discs

CanDo® inflatable vestibular disc mimics the movement and shape of an Inflatable ball when used on any seat. Use it on the floor as a standing disc for balance training, proprioception and strengthening of the lower extremities. Each disc has one nubby side for tactile feedback and stimulation, and one flat side. Disc inflates and deflates with standard pump.

