



## Athletic Handbook

Athletic Department

THE JOHN CROSLAND SCHOOL

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5146 Parkway Plaza Blvd. Charlotte, NC 28217

Mascot: Comet

School Colors: Green, Red, and Blue

\* Planned Sports: MS Boys and MS Girls Basketball, MS Co-ed Golf, MS Co-ed Tennis, MS Boys and Girls Cross Country, Varsity Boys Cross Country, Varsity Co-ed Golf, Varsity Boys Basketball

\*Planned sports may be subject to change

## Athletic Philosophy

The John Crosland School Athletic Philosophy is one that encourages and allows for participation by all students regardless of their playing ability. Through school athletics we hope to improve physical health, self-esteem, social skills, as well as further instill in students a sense of pride and respect for their school.

## Absences

In order to participate in extra-curricular activities (including practices and contests), students must be in attendance for all classes on that day, unless excused by the appropriate school official. If a student is not well enough to attend classes, he/she may not take part in afternoon or evening athletic practices or contests. When excused early from classes, students are responsible for class assignments, notes, etc. that are missed.

## Academic Eligibility

Success on the playing field begins in the classroom. If a student needs to miss a practice for extra-help, he/she must communicate this to his/her coach prior to practice. After school study is not an excused extra help session. In addition, student athletes must maintain a minimum average of a C- in every class. If a student's grade falls below a C-, the student will be academically ineligible until the date that the grade is brought back up to the C-. This rule will take effect one month after the first day of each school year and/or the start of a new class.

## Structured Study & Behavior Expectations

The Athletic Department encourages students' athletic participation to instill in them the skills needed to be successful in life. These skills include responsibility, communication, cooperation, and, most importantly, teamwork. Additionally, the Athletic Department fully supports the school's academic mission and encourages students to perform well in the classroom. In supporting the aforementioned goals, should the school administration determine a student is not meeting classroom and/or behavior expectations, he/she may be ineligible to participate in extracurricular athletic events.

## Awards

An Athletic Banquet will be held at the end of the year to recognize athletes for their participation in the Athletic program.

## **Code of Conduct**

All players and parents are to sign and then abide by the Athlete's Code of Conduct at the end of this document.

## **Commitment Policy**

Commitment and hard work are two of the valued aspects of playing on a team. It is vital that these are not compromised in the course of the season, as team play will be adversely affected. The Athletic Department strongly encourages all student athletes and coaches to work together to find a solution, other than quitting or dismissal, when faced with a difficult situation. In order to have consistency, any student may leave any team by notifying the coach prior to the start of interscholastic competition, but once the playing season has begun, players and coaches must adhere to the following guidelines:

1. A meeting must take place between the coach and the student to discuss the situation. This should be a meeting that is taken very seriously, not just a chance encounter in the hallway.
2. Communication will then occur between the Athletic Director, the student, and the coach for further review.
3. The Athletic Director will communicate with the parents.

## **Communication**

Parents are encouraged to communicate with the Athletic Director regarding their son or daughter's participation in athletics. Parents may communicate directly with the coach. It is requested that any questions regarding coaching philosophy and/or expectations be expressed during a private conference. It is not appropriate for parents to discuss team strategy, playing time, and/or other student athletes. If a resolution is not reached between parent and coach, then the Athletic Director will become involved in a subsequent meeting.

## **Equipment/Uniforms:**

Students are responsible for any school issued uniforms during the season and should be prepared to return them following the last scheduled contest. Students will be financially responsible for any damaged and/or lost uniforms/equipment.

**Game or Practice Cancellation:**

Scheduled games or practices may be canceled due to bad weather, poor field conditions, or other reasons not stated. Students will be notified of any changes and it will be their responsibility to communicate with parents.

**Managers**

Students who avail themselves such opportunities will have the satisfaction of contributing to the welfare of the group and being actively involved as a member of the team. Conscientious managers are every bit as valuable as any other team member. Interested students should contact the head coach or the Athletic Director prior to the start of the season.

**Transportation**

Students able to ride the bus or carpool. Students without transportation should communicate with their coach in order to make arrangements.

Student Name: \_\_\_\_\_

## **ATHLETE'S CODE OF CONDUCT**

As a student athlete representing The John Crosland School, you carry a huge responsibility to act in a way that will bring pride to your school, your team and your family. In as such, the following are guidelines of expected behavior. By signing at the bottom, you agree to abide by these standards of behavior.

1. I will display good sportsmanship at every game and practice.
2. I will attend every practice and game that I can, however I will notify my coach if I cannot attend a practice.
3. I will show my coaches respect by listening and learning from them.
4. I will treat my coaches, other players, officials and spectators with respect.
5. I will remember that sports are an opportunity to learn and have fun.
6. I am a team player and will commit myself to the team, the sport, and a full season's participation.

I have read the statements of expected behavior and agree to follow these guidelines in order to represent our team and school with the class.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

## **Parent's Code of Conduct**

As a parent of a student athlete representing The John Crosland School, it is expected that you model a behavior that is conducive to good sportsmanship. By signing at the bottom, you agree to abide by these standards of behavior.

1. I agree to applaud the effort of all players on both teams.
2. I agree to cheer for our team, not against the other team.
3. I agree not to taunt other players, officials, coaches or fans before, during or after play.
4. I agree to support my student athlete's role on the team.
5. I agree to encourage my student athlete to resolve conflicts or concerns with their coaches before asking my help.
6. I agree to be a respectful spectator at games and will not attempt to coach from the sidelines.
7. I agree to view the game at all times from a designated viewing area.
8. I agree to be responsible for my child's transportation to and from practices and games.

I have read the statements of expected behavior and agree to follow these guidelines in order to support my student athlete, the team and The John Crosland School.

Signature \_\_\_\_\_ Date: \_\_\_\_\_