

THE JOHN **CROSLAND** SCHOOL



2018-2019 Speaker Series

**EXTRA!  
EXTRA!**

PLEASE JOIN US FOR THIS EXCITING EDITION TO OUR SPEAKER SERIES!

**Anxiety and Depression in the Age of Social Media: What you can do now!**

**Dr. Frank Gaskill, Southeast Psych**

**Wednesday, December 5<sup>th</sup>, 2018; 8:30-9:30 am**

**RSVP: November 28th to [dtaylor@johncroslandschool.org](mailto:dtaylor@johncroslandschool.org)**

Anxiety and depression are on the rise. Suicide is up across all ages ranges. But why and what can we do about it? Dr. Gaskill will explore the relationship between social media, technology, and increased stress in our society and suggest strategies parents and adults can do about this trend now.

*"Dr. G," specializes in Aspergers and the Autism Spectrum. He also enjoys helping parents feel more successful in dealing with defiance and behavioral difficulties, as well as the intersection of parenting and technology. He works with children and adolescents using a family-based approach. He also serves as a member of the private schools' admissions testing team (CAIS). Dr. Gaskill is the author of the graphic novel Max Gamer, a contributing author to The Walking Dead Psychology, and Star Wars Psychology.*