



SCHOOL NOTES FOR JOHN CROSLAND SCHOOL FAMILIES

5146 Parkway Plaza Blvd.

Charlotte, NC 28217

www.johncroslandschool.org

T: 704-365-5490

Upcoming Events

September 16

EMP Meetings
No School Students

September 27

Picture Day

October 1

Family Fall Fest
1:00 – 4:00 pm

October 10-12

Fall Break

Quick Links

[School Calendar](#)

[Facebook](#)

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[Coffee with the HOS](#)

[Speaker Series](#)

September 15, 2016 Issue

CROSLAND WEAR AND FAMILY DIRECTORY

Due to technical difficulties, we were unable to provide a hard copy of the Family Directory or Apparel Order form in your student's Wednesday packet. Everyone one was sent an email with both forms attached and **hard copies of both forms will be sent out in next week's Wednesday packets (9/21)**.

Please feel free to contact me with any questions.

Janae Moore: jmoore@johncroslandschool.org.

EMP MEETINGS

The Educational Management Plan (EMP) meetings begin today. If you have not scheduled your meeting or don't remember the time your meeting takes place, please feel free to contact the Director of your child's school listed below. You may also contact them with any questions you may have.

Elaine Triantis Director of Lower School-704-365-5490 ext. 711 or etriantis@johncroslandschool.org

Stacy Long Director of Middle School-704-365-5490 ext. 732 or slong@johncroslandschool.org

Charles Heard Director of Upper School-704-365-5490 ext. 710 or cheard@johncroslandschool.org

PARENT COUNCIL NEWS

Fall Festival

Parent Council is hosting a Family Fall Festival on Saturday, October 1, 2016, from 1:00 pm - 4:00 pm. The Fall Book Fair will also begin that day. This event will take place in the JCS backyard and the multipurpose room. There will be fun and games for everybody. Hot dogs, chips, and drinks are included with your admission payment. Dress up in your favorite Pirate costume and you could win a \$20 gift card for the best dressed pirate! You can also enter a drawing for a chance to win a family 4-pack of movie tickets if you spend \$20 at the book fair! Be sure to get your admission payment in as soon as possible. Admission will be \$10 prior to 9-23-2016 and \$15 at the door. You may leave your payment at the front desk. Can't wait to see you there!

Parent Council General Assembly Meeting

The Parent Council General Assembly Meeting will take place on **Wednesday, September 21, 8:15 am – 9:15 am** in the JCS Multipurpose room. All JCS parents are invited to attend. Come and learn about the exciting events Parent Council has planned and how you can get involved. Meet the School Board Chair, Mr. Christian Cherry and hear the latest school updates from Dr. Sean Preston.

ANNUAL FUND

Thank you for your support of our Annual Fund! The 2016-2017 Annual Campaign is underway and our goal is 100% family participation by mid-October. We are currently at 10% family participation. If you have not yet sent in your Annual Fund card please do so, and remember you can pledge an amount but not pay today. Just let us know on the card when you would like us to invoice you. The participation rate of our parents helps us apply for and receive grants for our school. We are thankful for all the gifts we receive, and your continued support of our amazing school.

SPEAKER SERIES

The Enrollment Management and Admissions department presents the 2016-2017 Speaker Series. We have an interesting line (cont.)



REMINDERS

Please turn in any **forms** you received at the beginning of the school year. These may include the [Student Health History form](#), [Family Contact form](#), and [Handbook form](#). If you need another copy of any of these forms please contact [Nancy Lukacik](#).

The **lunch order** opened on September 10th and will be closing on September 24th, 11:59 pm. Once the order is closed we cannot make changes.

The **regular tardy policy** went into effect on September 12th.

We allowed 2 weeks for parents/student drivers to adjust to Charlotte traffic by excusing all late arrivals. Now unexcused tardies will be counted. After 10 unexcused tardies, your child will receive a lunch study. It is imperative that your child be at school on time. Not only does their late arrival effect their academics, it also effects students who are in the classroom on time and doing work.

up for the school year and invite you to participate. There will be lots of good information shared. These are free events. Please share with all.

Meditation – ADHD’s Secret Rival!

Myque Harris, Southwest Psychological Services

Wednesday, October 5, 2016, 8:30am-9:30am

RSVP by October 3: jmoore@johncroslandschool.org

Meditation is a current buzz word. But did you know it is a powerful rival to ADHD? Parents, teachers, and other professionals will learn how and why meditation and other mindfulness practices help reduce inattention, hyperactivity, impulsivity, disorganization, and other related experiences to ADHD.

Myque is a warm and energetic psychotherapist, registered yoga teacher, and meditation specialist who works with teens, adults and young children starting at 3-years-old. Myque supports clients with anxiety, depression, identity exploration, and other major life transitions, such as divorce; as well as supporting LGBTQ clients and single parents. Myque has a unique practice because she infuses traditional therapeutic methods with yoga, meditation, and mindfulness. Myque holds a Master's degree in Clinical Psychology and has been a licensed professional since 2007. She is certified with Integral Yoga Academy in Children's Yoga and Meditation, and is also certified with Yoga Alliance as a Registered Yoga Teacher (RYT-200). She has completed more than 400 hours of yoga, meditation, and mindfulness trainings and has specialty training in Postnatal Yoga, Hatha Yoga, Vinyasa Yoga, and Yoga for Children with Special Needs. Myque is certified in Early Childhood Mental Health. She has extensive experience helping children, teens, and parents work through day-to-day struggles or challenging situations at school or at home. This is an exciting year for Myque because her 5-year-old daughter started Kindergarten!

The Kid is Smart, So what's the Problem?

Identifying Potential Links Between Underperformance and Cognitive Skill Deficits

David Henderson, Learning RX

Monday, December 12, 2016, 8:30am – 9:30am

RSVP by December 8: jmoore@johncroslandschool.org

Sometimes smart kids can overwhelm us with their performance. Understanding the “why” can make a big difference in how to approach the problem in the classroom or home. For instance, did you know that the child who struggles with reading comprehension may actually have a working memory deficit? Or that the child with messy handwriting who makes lots of careless errors may actually have a processing speed weakness? Unfortunately, weak cognitive skills can often manifest as a lack of motivation or laziness. For smart kids, just one weak skill can significantly undermine their strengths – often creating anxiety, low frustration tolerance, or lack of motivation. This seminar will be especially helpful for parents and teachers looking for answers when the standard interventions just aren't working. You will experience 6 fun, brainy games that train cognitive weakness and can be used later with your own kids. (cont.)

David Henderson graduated from Indiana University in 1996 and moved to Charlotte to begin his teaching career. He soon worked a second job running a learning center. David left the classroom in 2001 to pursue family and business goals. He grew in business and project management by working in various K-12 settings across the country. His family goals suffered because of business travel. So David looked for a way to include 'COMMUNITY' with his passions of education and business. He invested in a leading educational franchise called LEARNINGRX. This investment is keeping David involved with his community and family, while using the skills he developed in the classroom and in business. Mr. Henderson now runs LearningRx and leads a team of dedicated BRAIN TRAINERS in Northeast Charlotte.

Kindergarten Readiness

Dr. Melanie Powell, Charlotte Behavioral Health Associates

Thursday, February 9, 2017, 8:30am-9:30am

RSVP by February 6: jmoore@johncrosslandschool.org

Dr. Powell will be speaking about typical development for 4 and 5-year-olds. She will address signs of kindergarten readiness as well as signs that a child might not be ready for kindergarten and/or may be displaying early characteristics of learning disabilities or attention deficit disorders. She will also answer questions about when and if testing might be valuable or necessary as well as things you can do as parents to help improve your child's readiness for kindergarten.

Dr. Powell received a B.A. in Psychology from Furman University (1993), and an M.A. (1995) and Ph.D. in School Psychology with a Specialization in Neuropsychology from the University of Georgia (1997). She is a Licensed Psychologist (NC#2478) and Health Services Provider (HPP). Her training includes a year of practicum, 3 years at the Center for Clinical and Developmental Neuropsychology (UGA), and a one year internship in the public school setting (GA), and pre- and post-doctoral fellowships at the Child Neuropsychology Clinic at the Medical College of Georgia. Dr. Powell's research is in the areas of Learning Disabilities and ADHD (including articles in professional journals and book chapters), which she has presented at national and international professional conferences. She also has served as a reviewer for manuscripts submitted for publication in the Journal of Learning Disabilities (1999).

Expanding Working Memory Capacity in Students

Dr. Joy Granetz

Thursday, April 3, 2017, 8:30am-9:30am

RSVP by April 11: jmoore@johncrosslandschool.org

Working memory is the mental scratchpad that helps us keep track of incoming information. It is key to paying attention and learning. In this talk, Dr. Granetz will discuss how working memory impacts academics, such as paying attention in the classroom, organization, reading skills, mathematics, and written expression. Dr. Granetz will also discuss tools to strengthen working memory so that learning is less of a struggle for students with weak working memory.

Dr. Joy Granetz is a pediatric neuropsychologist in private practice in Charlotte. She provides neuropsychological testing services and therapy for children, and she is a Cogmed Qualified Practitioner.

I missed that, Could you say that again . . . Auditory Processing Deficits (cont.)

Dr. Vicki Parker, The Brain Trainer

Wednesday, May 3, 2017, 8:30am-9:30am

RSVP by May 1: jmoore@johncrosslandschool.org

It's not hearing! Auditory Processing has to do with how the brain works. This interactive talk will focus on Auditory Processing and its connections to dyslexia, attention deficit disorders, and memory. The exciting news is that auditory processing disorders respond well to treatment. Dr. Parker will review techniques used by Speech Pathologist for remediation of this disorder. She will also share her own journey working through this disorder with her own daughter.

Dr. Vicki Parker is founder and director of The Brain Trainer. She holds a Ph.D. in speech language pathology with a concentration in neuroscience from Michigan State University. For 30 years, she has worked with children and adults who have learning, speech, language, behavior and auditory/reading disorders as well as gifted individuals looking to accelerate their skills. Dr. Parker is the co-author of the textbook Problem Solving, Planning and Organizational Tasks: Strategies for Retraining. Prior to focusing on cognitive training in her private practice Dr. Parker worked for 24 years in hospital settings. Along with years of clinical expertise in her field, Dr. Parker understands it from the perspective of a mother whose child needed help. Her daughter Sally struggled with learning and reading in first grade. After extensively researching options, Dr. Parker chose brain training and speech therapy for her own daughter. Today, Sally is a senior who reads above grade level, enjoys leisure reading and loves learning languages

CROSLAND NOTABLES

Our awesome Senior Class paints Senior Rock!

