2015

Cathy Best
Biography

Cathy Best
Assistant Vice President, Workforce Relations
Human Resources

Cathy Best began her role as Assistant Vice President of Workforce Relations in Human Resources at Carolinas HealthCare System in November 2012. Carolinas HealthCare System (CHS) is the number one employer in Charlotte, NC, and one of the largest public non-profit healthcare organizations in the nation with 60,000 teammates, 900 care locations, and more than 10 million patient encounters annually.

Cathy is responsible for leading the Corporate Operations and Continuing Care Services Workforce Relations function. In this capacity, she provides both strategic and tactical HR leadership to over one-third of the CHS population. Her core function is to build and sustain organizational effectiveness and culture through teammate engagement, performance management, change management, and policies, and programs. Cathy's is happy to return to her home in North Carolina to be closer to family and make a positive impact on the communities and patients served by Carolinas HealthCare System.

Prior to joining Carolinas HealthCare System, Cathy was a Senior Human Resources Manager at Amazon.com, Inc., in Lexington, Kentucky. In this role, she partnered with the senior leadership team and operations to support growth and productivity plans.

Cathy's Human Resources career started in the manufacturing and operations industry. She has held various leadership positions with increasing responsibility at Ingersoll Rand Company in Davidson, North Carolina; Molson Coors Brewing Company in Elkton, Virginia; Farley & Sathers Candy Company in Chattanooga, Tennessee; and Graphic Packaging International in Charlotte, North Carolina and Malvern, Pennsylvania. During her tenure at Ingersoll Rand Company she was recognized for her leadership in the areas of HR Process Standardization and Employee Engagement.

Cathy received her MS in Organization Development and Leadership from Saint Joseph's University in Philadelphia, Pennsylvania and her BA in Political Science from North Carolina Agricultural and Technical State University in Greensboro, North Carolina.

Cathy continues to invest in herself and others. She completed the University of Michigan, Human Resources Executive Program - Negotiating & Administering Labor Contract. She is a Certified Facilitator for PDI 360 Assessments. Cathy recently served on the Women's Executive Leadership Team for the 2015 Go Red for Women Campaign in Charlotte. She believes in giving back and is engaged in several formal mentoring relationships with future talent.

When she is not working out, she actively engages in her children's activities, which include baseball, soccer, and Girl Scouts. Cathy and her family reside in Cornelius, North Carolina.