



## Athletic Handbook

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5146 Parkway Plaza Blvd. Charlotte, NC 28217

Mascot: Comet

School Color: Red

\* Planned Sports: MS Boys and MS Girls Basketball, MS Co-ed Golf, MS Co-ed Tennis, MS Boys and Girls Cross Country, Varsity Boys Cross Country, Varsity Co-ed Golf, Varsity Boys Basketball

\*Planned sports may be subject to change

## **Athletic Philosophy**

The John Crosland School Athletic Philosophy is one that encourages and allows for participation by all students regardless of their playing ability. Through school athletics, we hope to improve physical health, self-esteem, social skills, as well as further instill in students a sense of pride and respect for their school.

## **Absences**

In order to participate in extra-curricular activities (including practices and contests), students must be in attendance for at least 4 hours of that day, unless excused by the appropriate school official. If a student is not well enough to attend classes, he/she may not take part in afternoon or evening athletic practices or contests. When excused early from classes, students are responsible for class assignments, notes, etc. that are missed.

## **Academic Eligibility**

Success on the playing field begins in the classroom. If a student needs to miss a practice for extra-help, he/she must communicate this to his/her coach prior to practice. After school study is not an excused extra help session. In addition, student athletes must maintain a minimum average of a C- in every class. If a student's grade falls below a C-, the student will be academically ineligible until the date that the grade is brought back up to the C-. This rule will take effect one month after the first day of each school year and/or the start of a new class.

## **Structured Study & Behavior Expectations**

The Athletic Department encourages students' athletic participation to instill in them the skills needed to be successful in life. These skills include responsibility, communication, cooperation, and, most importantly, teamwork. Additionally, the Athletic Department fully supports the school's academic mission and encourages students to perform well in the classroom. In supporting the aforementioned goals, should the school administration determine a student is not meeting classroom and/or behavior expectations, he/she may be ineligible to participate in extracurricular athletic events.

## **Code of Conduct**

All players and parents are to sign and then abide by the Athlete's Code of Conduct at the end of this document.

## **Commitment Policy**

Commitment and hard work are two of the valued aspects of playing on a team. It is vital that these are not compromised in the course of the season, as team play will be adversely affected. The Athletic Department strongly encourages all student athletes and coaches to work together to find a solution, other than quitting or dismissal, when faced with a difficult situation. In order to have consistency, any student may leave any team by notifying the coach prior to the start of interscholastic

competition, but once the playing season has begun, players and coaches must adhere to the following guidelines:

1. A meeting must take place between the coach and the student to discuss the situation. This should be a meeting that is taken very seriously, not just a chance encounter in the hallway.
2. Communication will then occur between the Athletic Director, the student, and the coach for further review.
3. The Athletic Director will communicate with the parents.

### **Communication**

Parents are encouraged to communicate directly with the coach regarding transportation, practices, and other day-to-day athletic involvement. Communication involving coaching philosophy and/or expectations should be expressed during a private conference and not in the presence of other students/families. If a resolution is not reached between parent and coach, then the Athletic Director will become involved in a subsequent meeting.

### **Equipment/Uniforms**

Students are responsible for any school issued uniforms during the season and should be prepared to return them following the last scheduled contest. Students will be financially responsible for any damaged and/or lost uniforms/equipment.

### **Game or Practice Cancellation**

Scheduled games or practices may be canceled due to bad weather, poor field conditions, or other reasons not stated by 12pm. Students will be notified of any changes and it will be their responsibility to communicate with parents.

### **Manager/Team Parent**

Students who avail themselves such opportunities will have the satisfaction of contributing to the welfare of the group and being actively involved as a member of the team. Conscientious managers are every bit as valuable as any other team member. Interested students should contact the head coach or the Athletic Director prior to the start of the season.

### **Transportation**

Students are able to ride the bus or carpool. Students without transportation should communicate with their coach in order to make arrangements. Athletes under the age of 18 must ride the bus unless prior written knowledge by parent/guardian is given.

## Athletic Handbook at a Glance

- **Absences**
  - Athlete must be in school for at least half a day (4 hours) in order to participate in game/meet.
- **Academic Eligibility**
  - Athlete must maintain a C- average in order to participate in games/practices.
- **Behavior Expectations**
  - Athlete's behavior during school will reflect game/meet participation.
- **Commitment**
  - Athlete is expected to participate in all practices and games/meets unless prior knowledge is given to coach.
- **Communication**
  - Athlete is responsible for communicating with their coach regarding any scheduling, transportation, practice, or other day-to-day questions/concerns.
- **Game/Practice**
  - In the result of cancellation, athlete and parents will be notified via REMIND by 1pm.
- **Transportation**
  - Athlete will ride the bus to and from any meet/game unless otherwise noted by coach.
  - Athletes under the age of 18 will ride the bus unless parent/guardian gives written permissions for him/her to ride with another student.

## ATHLETE'S CODE OF CONDUCT

As a student athlete representing The John Crosland School, you carry a huge responsibility to act in a way that will bring pride to your school, your team and your family. In as such, the following are guidelines of expected behavior. By signing at the bottom, you agree to abide by these standards of behavior.

1. I will display good sportsmanship at every game and practice.
2. I will attend every practice and game that I can, however I will notify my coach if I cannot attend a practice.
3. I will show my coaches respect by listening and learning from them.
4. I will treat my coaches, other players, officials and spectators with respect.
5. I will remember that sports are an opportunity to learn and have fun.
6. I am a team player and will commit myself to the team, the sport, and a full season's participation.
7. I will maintain above a C- average in all of my classes. If I fail to do so, I understand that I will not be able to participate in practice/game until cleared by teacher/coach and will work on assignment(s) during practice.

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***Please sign and return to school prior to the first day of practice***

I have read the statements of expected behavior and agree to follow these guidelines in order to represent our team and school with the class.

Student Signature \_\_\_\_\_ Date: \_\_\_\_\_

Guardian Signature \_\_\_\_\_ Date: \_\_\_\_\_